

# Be the Change

## Social Justice and Student Affairs

(or how to keep your job as you advance)

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Reflect on a time when you had a work situation that didn't feel just.

And one where it did.

# Context

- Social Justice and Transformative Learning begin with self – journey/process
- Our institutions reflect the oppression in society
- Lots of committed and gifted professionals working for change

# Context

- Many lack:
  - either the awareness of how the system operates and their role in perpetuating that system
  - Political/social/emotional/structural power to change the system
  - May not be at institution long enough to experience change
- These efforts are largely isolated

# Context

- We don't play enough in the intersections
- We are still working to bring about sustainable, meaningful, and revolutionary (rather than evolutionary) change



the Mug

IT'S NOT ABOUT *DOING*.  
IT'S ABOUT  
BEING.



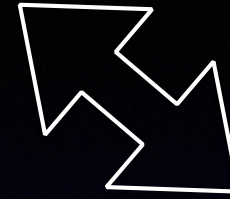
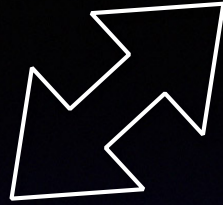
what scares you?



# Principles in Our Work

- Individual AND System work (outer focus)
- Self-Work (inner focus)
- Holding Space
- Grounded in Wellbeing
- Relationships are primary

**Reflection**



**Restoration**

**Vulnerability**



**Relationships**

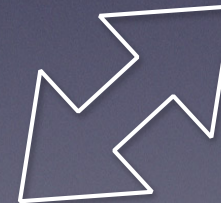


**Compassion**

**Authenticity**



**Challenge**



where do you enter?

# Fearless Listening

- Allowing the silence
- Intentional space for whole self expression
- Courage for deep honesty
- Engaging internal lenses, attitudes, expectations, preconceptions in the moment
- Offer your vulnerabilities

A photograph of a dense thicket of trees with a path leading through a natural archway. The archway is formed by large, gnarled tree trunks and branches that curve over the path. The path is covered in dry leaves and leads towards a bright, open area in the distance. The overall scene is lush and green, with sunlight filtering through the trees.

***The best way out is  
always through...***

***Robert Frost***

[www.thebodytransformation.com](http://www.thebodytransformation.com)

questions

thank you

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